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Regis University
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Contact Information

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Education

Doctor of Nursing Practice in Advanced Leadership for Collaborative Care Models

Regis University, Denver, CO

Anticipated program
start date May 2025

Masters of Science in Nursing Leadership in Health Care Systems - Nursing

Regis University, Denver, CO

August 2023

- Graduate Certificate in the Field of Health Care Education
- Graduated Magna Cum Laude
- Graduated with 3.972 GPA

Bachelor of Science - Nursing

Regis University, Denver, CO

May 2017

- Graduated Summa Cum Laude
- Graduated with 3.748 GPA

Holy Family High School, College Preparatory High, Broomfield, CO

May 2013

Licensure and Certification

Registered Nurse - License #1649730

Advanced Cardiovascular Life Support 2017-Current

- American Red Cross
- American Heart Association Basic Life Support 2014-Current
- American Red Cross
American Heart Association

National Institutes of Health Stroke Scale 2017-Current

TNCC 2022

Trauma Care in the ICU 2020

NeuroTrauma Care 2020

Essentials of Critical Care Orientation 2018

Trauma Care After Resuscitation 2018

Employment History

Medical Surgical Undergraduate Nursing Instructor

August 2023-Current

Regis University, Denver, CO

- Measures student performance by evaluating skills and knowledge in classroom settings.
- Facilitates student learning through positive engagement, multiple teaching methodologies, and mentoring.
- Addresses concerns with course materials by notifying the department head and suggesting improvements.
- Shares real-life case studies to help students better prepare for actual medical situations.
- Participates in faculty meetings and professional development opportunities to improve teaching skills.
- Improves students' abilities by providing honest, useful feedback.
- Imparts wisdom not found in medical textbooks, helping students develop sound clinical judgment to complement technical abilities.

- Assesses students based on written, oral, and practical examinations.
 - Prepares students for patient care with comprehensive classroom, laboratory, and hands-on clinical education.
 - Aligns teaching strategies to improve learning for every student based on individual strengths and weaknesses.
 - Addresses teaching, research, and practical issues by working closely with colleagues.
 - Covers current topics in healthcare by adjusting courses for changing trends.
 - Keeps clinical expertise current with regular patient care hours, specializing in Critical Care, and pre- and post-surgical patients.
 - Initiates facilitated and moderated classroom discussions.
 - Maintains confidentiality regarding patient data and other sensitive information to avoid breaches.
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ICU Nurse

July 2022 -

HCA Health Care, Care Pool, Denver, CO

Current

- Float Pool ICU, Virtual Nursing, Preoperative Unit, and Post Anesthesia Care Unit
 - Oriented new hires in the ICU
 - Same as prior ICU duties and abilities
 - Provide virtual nursing support and nurse education to 8 hospitals across the continental division.
 - Provide oversight and management for virtual telemetry and sitter monitoring for the continental division.
 - Prepare patients for surgery and provide post-anesthesia care and discharge instructions.
 - Administrative assistant duties, helping with colleague engagement and time card editing.
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ICU Travel Nurse

February 2022 - May

Aya Health Care Travel Nursing, Colorado Springs, CO

2022

- Same as prior ICU duties and abilities.

- Helped fill staffing shortage needs, flexible and dependable
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Medical/ Trauma ICU RN

November 2018 - January

Swedish Medical Center, Trauma, Englewood, CO

2022

- Trauma, Neuro, CRRT, and Cortrak Certified
- Oriented multiple new hires and attained a certified Preceptor Certificate
- Led team of nurses to deliver care to patients in COVID ICU.
- Managed patient flows for unit, handling admissions and processing discharge paperwork.
- Dressed, cleaned and redressed wounds for optimum healing.
- Implemented treatment plans for acute and chronic conditions.
- Administered oral, IV and intramuscular medications as part of patient treatments.
- Worked closely with physicians, surgeons and nursing staff as part of unit team.
- Stabilized patients experiencing emergency complications and decompensations.
- Educated patients and caregivers on proper at-home care and treatment regimens.
- Managed direct care of patients, conducted assessments and documented care activities.
- Alleviated patient fears of treatments using kind, empathetic communication.
- Educated patients on preventive care and lifestyle choices to improve overall health.
- Recorded changes in patient conditions and laboratory test results.
- Trained and mentored student nurses, interns and new graduates in proper procedures and care techniques.
- Conducted accurate chart updates in computer system.
- Treated patients with mental health issues alongside multidisciplinary team.
- Supported procedures by handling instruments and monitoring patients.
- Modified patients' treatment plans as indicated by patients' responses and new physician orders.

- Achieved optimal patient outcomes by carefully monitoring conditions and delivering comprehensive support.
 - Advised patients on at-home care and preventive lifestyle choices.
 - Controlled infection risks with proper wound care and aseptic techniques.
 - Trained junior nurses and students in proper techniques.
 - Maximized unit efficiency, keeping supplies and records well-organized for expected needs.
 - Assisted with examinations, treatments and office procedures.
 - Worked with interdisciplinary team to organize and implement patient care plans.
 - Tracked patients during anesthesia and reported on conditions.
 - Resolved or reduced patient symptoms with intramuscular, intravenous and oral medicines.
 - Intervened and stabilized patients during emergencies with immediate first aid, CPR or advanced life support care.
 - Maintained accurate records and charted consistently in EHR system.
 - Immunized patients against communicable diseases based on seasonal factors, age or current transmission rates.
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MutliTrauma Step Down Unit RN

August 2017 - November

Swedish Medical Center, Englewood, CO

2018

- Administered oral, IV and intramuscular medications as part of patient treatments.
- Dressed, cleaned and redressed wounds for optimum healing.
- Conducted accurate chart updates in computer system.
- Trained and mentored student nurses, interns and new graduates in proper procedures and care techniques.
- Implemented treatment plans for acute and chronic conditions.
- Worked closely with physicians, surgeons and nursing staff as part of unit team.
- Managed direct care of patients, conducted assessments and documented care activities.

- Managed patient flows for unit, handling admissions and processing discharge paperwork.
 - Trained junior nurses and students in proper techniques.
 - Worked with interdisciplinary team to organize and implement patient care plans.
 - Achieved optimal patient outcomes by carefully monitoring conditions and delivering comprehensive support.
 - Modified patients' treatment plans as indicated by patients' responses and new physician orders.
 - Intervened and stabilized patients during emergencies with immediate first aid, CPR or advanced life support care.
 - Maintained accurate records and charted consistently in EHR system.
 - Delivered evidence-based, cost-effective care following facility policies.
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Chair of Unit Base Council

August 2017 - November

Swedish Medical Center, Englewood, CO

2018

- Started daily and weekly weight protocols for patients admitted to the unit
- Maintained cohesive, successful governing board by managing composition and activities.
- Maximized growth by staying on top of business activities, market conditions and competitive landscape.
- Promoted organization to public with smooth and professional speeches.
- Managed project roadmaps, keeping teams on-time and under-budget.
- Chaired internal meetings on different company activities and interests.
- Encouraged business autonomy, delegating tasks and duties to staff.

Service

Service to the College/University

- Student Advisory Committee August 2023-Current
 - Daisy Award Committee August 2023-Current

- Daisy Award Chair January 2025-Current
- RSNA Faculty August 2024-Current
- NR464: Comprehensive Health Care Management of the Adult and Older Adult II Co-Clinical Resource Faculty May 2024-Current
- LHSON Strategic Planning Committee September 2024-Current

Teaching Responsibilities

Spring 2025

- NR 463: Comprehensive Health Care Management of the Adult and Older Adult I - Instructor
- NR 464: Comprehensive Health Care Management of the Adult and Older Adult II - Instructor

Fall 2024

- NR 421: Clinical Reasoning and Judgment – Instructor
- NR 464: Comprehensive Health Care Management of the Adult and Older Adult II – Instructor for two sections of the course

Summer 2024

- NR413: Pharmacology- Instructor
- NR 421: Clinical Reasoning and Judgment – Instructor
- NR 464: Comprehensive Health Care Management of the Adult and Older Adult II - Instructor

Spring 2024

- NR 421: Clinical Reasoning and Judgment - Instructor
- NR 463: Comprehensive Health Care Management of the Adult and Older Adult I - Instructor
- NR 464: Comprehensive Health Care Management of the Adult and Older Adult II - Instructor

Fall 2023

- NR 421: Clinical Reasoning and Judgment - Instructor
- NR 462: Introduction to the Comprehensive Healthcare Management of the Adult and Older Adult
- NR 463: Comprehensive Health Care Management of the Adult and Older Adult I