# Dr. Sarah L C Masten, DNP, FPMHNP-BC

smasten@regis.edu

### Education

Doctor of Nursing Practice, Family Mental Health Nurse Practitioner Arizona State University, Phoenix, AZ May 2017

- · Graduated with Honors
- Co-researcher in "An Educational Intervention for Suicide Assessment and Prevention for Healthcare Professionals"

Bachelor of Science in Nursing and Healthcare Innovation Arizona State University, Tempe, AZ December 2006

Graduated Cum Laude

September 2009- September 2021

Associates in Business Scottsdale Community College, Scottsdale, AZ May 2010

Fast Track Business Program

### Licensure

Registered Nurse Colorado Department of Regulatory Agencies

• RN.0192362

Nurse Practitioner Colorado Department of Regulatory Agencies August 2017- September 2021

- APN.0993314-NP
- RXN.0102825-NP

# **Experience** Clinical

Assistant Medical Director (Nurse Practitioner)
AllHealth Network, Littleton, CO
May 2019-Present

- Outpatient medication management
- Collaborate and lead the interdisciplinary care team including nurses, therapist, case managers, and unlicensed health professionals.
- Inpatient medication management, on call
- Supervise team of advanced practice nurses and psychiatrists
- Implement evidence-based practice policy and procedure

Family Psychiatric Mental Health Nurse Practitioner Centre for Behavioral Health at Porter Adventist Hospital, Denver, CO August 2017-May 2019

• Outpatient medication management

Registered Nurse-Board Certified (Mental Health) Porter Adventist Hospital, Denver, CO February 2016-August 2017

- Presenter 2016, Centura Evidence Based Practice Conference "Pharmacogenetics and Psychiatry"
- Consultant Porter Hospital Leadership Council for assessing suicide risk.

## **Experience**

Registered Nurse-Board Certified (Neuroscience) Registered Nurse

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#### Clinical

Centura Health, Denver, CO

August 2009-February 2016

- Charge Nurse
- · Leadership training mentee
- Telemetry,

## Registered Nurse

St. Joseph's Hospital and Medical Center, Phoenix, AZ

July 2007-August 2009

- Barrow Neurological Institute
- Charge Nurse
- Continuous EEG and epilepsy monitoring

# **Experience** Educational

### **Associate Faculty**

Regis University, Denver, CO

March 2020-Present

• Instruct, mentor, and evaluate undergraduate nursing students in the clinical environment and virtual care encounters in the lab.

## Adjunct Faculty/Clinical Instructor

Arapahoe Community College, Littleton, CO

August 2015-August 2017

Instruct, mentor, and evaluate nurse assistant students in the clinical environment, the classroom, and skills lab.

## Adjunct Faculty/Clinical Instructor

Community College of Denver, Denver, CO

August 2016-August 2017

 Instruct, mentor, and evaluate nurse assistant students in the clinical environment, the classroom, and skills lab.

### Certification

### Current

- Family Psychiatric Mental Health Nurse Practitioner: American Nurses Credentialing Center
- Basic Life Support: American Heart Association
- QPR Gatekeeper Instructor: QPR Institute

#### Former

- Certified Neuroscience Registered Nurse: American Board of Neuroscience Nurses
- Registered Nurse-Board Certified in Mental Health: American Nurses Credentialing Center
- Advanced Cardiac Life Support: American Heart Association

### Membership

American Association of Psychiatric Nurses

American Nurses' Association Colorado Nurses Association

Colorado Advanced Practice Psychiatric Nurses' (CAPPN, Sig 31)

President of the Fall Institute for Psychiatric Advanced Practices Nurses