

**Kathleen Smith Whalen, PhD**  
**Associate Professor, Rueckert-Hartman College for Health Professions**  
**Loretto Heights School of Nursing**  
**Regis University**  
**3333 Regis Blvd.**  
**Denver, Colorado 80221**

### **Contact Information**

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### **Education**

- University of Northern Colorado, Greeley, CO, Nursing Education, PhD 2008  
Dissertation: Impact of Work-Related Stressors Associated with Part-Time Clinical Affiliate Status on Role Strain among Nursing Faculty in Baccalaureate Nursing Education (Advisor: Dr. Nancy White)
- Louisiana State University Medical Center, New Orleans, LA, Nursing, MN 1979 •  
Northwestern State University, Natchitoches, LA, Nursing, BSN 1974

### **Licensure and Certification**

- Registered Nurse License # 0090704, Colorado Department of Regulatory Agencies, Division of Professions and Occupations, Active since 1989
- Basic Life Support (BLS), American Heart Association, EdCor, Active 2024-2026
- Certified Critical Care Nurse (CCRN), inactive, expired
- Certified Nurse Educator (CNE), inactive, expired

### **Employment History**

#### ***Academic***

1. **Associate Professor of Nursing, Regis University (August 2010 - Present)**
  - a. Responsible for course development and implementation of informatics course in DNP program and Master's of Nursing level education course.
  - b. Teach in undergraduate and graduate courses.
  - c. Serve as faculty advisor to DNP Capstone students and Master students.
  - d. Participate in nursing and departmental committees.
  - e. Participate in service learning at the community, university, and professional level.

2. **Assistant Professor of Nursing, Regis University (August 2002 - 2010)**
  - a. Responsible for course development and implementation and clinical oversight for medical-surgical nursing courses and nursing foundations.
  - b. Responsible for course development and implementation of pharmacology course in pre-licensure program.
  - c. Oriented and mentored an average of 15 clinical affiliate faculty each semester.
  - d. Served as the academic advisor to pre-licensure nursing students in the CHOICE program.
  - e. Resource faculty for NR 438: Adult and Older Adult I (until May 2007).
  - f. Used WebCT/ANGEL format for testing and course delivery in pre-licensure program.
  - g. Co-developed a Spiritual Care module for online delivery for NR 455: Health Promotion Concepts.
  - h. Participated in nursing and departmental committees.
3. **Nursing Faculty, Community College of Denver (August 1990 - May 2002)**
  - a. Was responsible for course development and implementation and clinical oversight for medical-surgical nursing courses and nursing foundations.
  - b. Developed and taught pharmacology course.
  - c. One of the first nursing faculty to learn how to develop an online course via Blackboard and developed an online bridge course for LPN's.
  - d. Participated in nursing, departmental, and university committees.
  - e. Served as an academic nursing advisor.
4. **Professional Instructor, Charity Hospital School of Nursing (January 1981 - May 1989)**
  - a. Taught theory for senior level medical-surgical nursing students.
  - b. Instructed students in clinical setting.
  - c. Served on school and admissions committees.

### ***Clinical Practice***

1989-2007: ICU Staff Nurse, University Hospital, Denver, CO (October, 1989 - May, 2007).

Worked full-time, then part-time in a very busy medical intensive care unit as a bedside nurse.

1974-1989: Staff Nurse, Various Hospitals (May, 1974 - August, 1989). Worked full-time, then part-time as an ICU bedside nurse in various hospitals in Shreveport, LA and New Orleans, LA.

### **Honors and Awards**

- Nominated for Outstanding Senior RHCHP Faculty award 2021.
- Selected to showcase online Informatics course to accreditors during last LHSON CCNE accreditation visit.
- Nominated for Outstanding Dissertation for the 2008 academic year at University of Northern Colorado.

- Regis University, Nursing Pinning Mistress of Ceremonies.
- Community College of Denver, Nursing Pinning Speaker 2002.

### **Scholarly Activities: Publications**

#### ***Publications in a Refereed Journal (articles, books, book chapters)***

Stroup, C., Benz J., Fuller, S., Thomas S., & **Whalen K.** (2022). Adapting interprofessional acute care simulations to a virtual platform. In IGI Global (Eds.), *Updating and innovating health professions education: Post-pandemic perspectives*. IGI Global. DOI: 10.4018/978-1-7998-7623-6.ch010

Carlson, S., Bennett-Woods, D., Berg, B., Claywell, L., LeDuc, K., Marcisz, N., Mulhall, M., Noteboom, T., Snedden, T., **Whalen, K.**, & Zenoni, L. (2012). The community of inquiry instrument: Validation and results in online health care disciplines. *Computers & Education*, 59(2), 215-221. <http://dx.doi.org/10.1016/j.compedu.2012.01.004>

Cheuvront, B. & **Whalen, K.** (2010). Medical-surgical clinical make-up using a simulated experience. *Journal of Nursing Education*, 49(9), 540. doi: 10.3928/01484834-20100820-04

**Whalen, K. S.** (2009). Work-related stressors experienced by part-time clinical affiliate nursing faculty in baccalaureate education. *International Journal of Nursing Education Scholarship*, 6(1), 20. doi: 10.2202/1548-923X.1813

**Whalen, K.** (2008). *Impact of Work-Related Stressors Associated with Part-Time Clinical Affiliate Status on Role Strain among Nursing Faculty in Baccalaureate Nursing Education*, 2008. Registration Number: TX 6-649-198 (ProQuest) (Available in print only)

### **Presentations**

#### ***Refereed***

2023: Martinez, D., Campbell, C., Meier, S., Beck, C., Bastian, K., Whiteacre, A., & **Whalen, K.** It is TIME for a New Faculty Orientation Program Facelift! Poster Presentation. Nurse Educator Conference, Breckenridge, CO. July, 2023.

2023: Martinez, D., Campbell, C., Meier, S., Beck, C., Bastian, K., Whiteacre, A., & **Whalen, K.** Quality Improvement Project: Evaluation of LHSON New Faculty Onboarding Processes. Poster Presentation. RHCHP Research Symposium, Regis University, Denver, CO. March, 2023.

2021: Stroup, C., Benz J., Fuller, S., Thomas S., & **Whalen K.** Zoom Success in a Virtual IPE Nursing/Pharmacy SIM. Nurse Educator Conference. Zoom Platform Presentation. Summer 2021.

2021: Stroup, C., Benz J., Fuller, S., Thomas S., & **Whalen K.** Process Improvement: Evaluation of Virtual IPE Nursing/Pharmacy SIM During COVID Peak. Poster Presentation. RHCHP Research Symposium, Denver, CO. March, 2021.

2018: Wang, E., & **Whalen, K.** Conducting a Class Debate in Evidence-Based Practice Course. Podium Presentation. Nurse Educator Conference, Vail CO. July, 2018.

2015: LeDuc, K., & **Whalen, K.** EBP Project: The Impact of Research and Evidence-Based Practice on Evolving Healthcare Environments. Poster Presentation. The 27th Annual Rocky Mountain Interprofessional Research & Evidence-Based Practice Symposium, Denver, CO.

2011: Moote, R. & **Whalen, K.** Fostering Academic Partnerships: Thinking Outside the Box. Podium Presentation. 4th Annual Centura Evidence-Based Practice, Research, and Innovation Conference, Denver, CO.

2009: **Whalen, K. S.** Recognizing Role Stress in Part-time Clinical Affiliate Nursing Faculty. Western Regional Nursing Research Symposium, Salt Lake City, Utah.

2009: **Whalen, K.** Interprofessional Simulated Critical Care Event: Nursing & PT Students. Poster Presentation. Western Regional Nursing Research Symposium, Salt Lake City, Utah. April 2009,

2008: **Whalen, K.** & Crewell, J. Perceptions of Work-Related Stressors in Part-time Clinical Affiliate Nursing Faculty: Pilot Study. Podium Presentation. 19th Annual Rocky Mountain Regional Multidisciplinary Research and Evidence-Based Practiced Symposium, Denver, CO.

### ***Non-Refereed***

2013: **Whalen, K.** Presenter at Learning Technologies Technology Workshop: Wireless Laptop Testing, Regis University.

2012: **Whalen, K.,** & Crewell, J. Co-presenter at Lutheran Hospital on Endocrine Disorders for Med-Surg Certification Exam.

2011: Crewell, J., Sorensen, J., & **Whalen, K.** DEU Orientation (St. Anthony's) Workshop: Regis University, Denver CO.

2010: Crewell, J., & **Whalen, K.** Preceptor Workshop at Lutheran Hospital, Wheatridge, CO.

2008-2009: **Whalen, K.** & Crewell, J. St. Joseph Hospital New Grad Program, Presenter at St. Joseph Hospital New Grad Program, Fall, 2008 and Spring, 2009 on 'Conflict Resolution Strategies', Denver, C).

2008: **Whalen, K.** (2008, September). Recognizing Role Stress and Role Strain in Part-time Clinical Affiliate Nursing Faculty. LHSO Fall Affiliate Faculty Workshop, Denver, CO.

2008: **Whalen, K.** & Crewel, J. Lutheran Medical Center CCRN Prep Class, Presenter at Lutheran Medical Center CCRN Prep Class, Fall, 2008 on the Synergy Model, Denver, CO.

### **Grant Activity**

#### ***Completed Grants***

2019- Grant writers: **Whalen, K.**, Crewell, J., Fuller, S., & Buchanon, S. Use of Venti-Sim in Nursing Education. Mini-Technology Grant (Regis University) (\$2,000.00)

2009- Grant writers: **Whalen, K.**, Mulhall, M., & Chevront, B., Nursing's Vision for the Future: Information Technology Management., Digital Plant Proposal for 12 Computer on Wheels (COWs) that consist of a cart, laptop computer, and a medication bar scanner for the Nursing Simulation and Skills Labs., Regis University, Digital Plant, (\$52,073).

2007- Grant writers: **Whalen, K.** & Crewell, J., SPARC., Received SPARC grant from Regis University, 2007, for pilot study on Perceptions of Work-Related Stressors in Part-time Clinical Affiliate Nursing Faculty (PTCANF), Regis University, (\$2,282).

### **Scholarly Professional Activities**

2023: Review of abstracts for Nurse Educator's Conference in the Rockies 2023

2021: Review of abstracts for Nurse Educator's Conference in the Rockies 2021

2016: Reviewed 4 modules of Elsevier's online Pathophysiology course (2016)

2013: Co-developed online course on Teaching-Learning for TCN

2013: Reviewed online Oncology module for Elsevier Pathophysiology course

2013: Reviewed PPTs for med-surg textbook for Elsevier

2013: Reviewed critical care textbook chapters for Elsevier

2012: Consultant for Colorado SBON Case

2012: Book Reviews for Elsevier Foundation textbook on Pass CCRN!

2011: Book Reviews for Elsevier Foundation textbook and Critical Care textbook

2009: Book Review, Review of Chapters 1-5 Hamilton's Nursing Documentation and Electronic Health Records, 2009

2008: Book Review, Reviewer of Thelan's Critical Care Nursing, 6th edition (2008)

2008: Book Review, Reviewer of Gulanick and Myers, Nursing Care Plans: Nursing Diagnoses and Interventions, 2008.

2008: Book Review, Reviewer of Gauwitz's Pharmacology for Nursing, 2008

2005: Book Review, Edited and developed instructor manual and PowerPoint's for Urden, et al. critical care text (2005 edition)

## **Professional, Scientific, Honorary Associations or Societies Membership**

Sigma Theta Tau (National) (Current)

Alpha Kappa-at-Large No. 032 (Local) (Current)

Friends of Nursing (State)(2009-Current)

- Board position; Recording Secretary 2013-2015 & 2009-2010
- Board position; Second Vice President and Chair of Scholarship Committee (2011-2013)

American Association of Critical Care Nurses (National)(Current)

HIMSS (National) (Current)

## **Service to the College/University**

### ***Committee/Task Force Membership***

2022-Current: CRS

2018-2019: Committee on Rank

2015-2017: Electronic and Information Accessibility Committee

2014-2016: University Wide Electronic Information and Technology Accessibility Workgroup;  
lead on development of Audit Tool

2013-2014 University Wide Strategic Planning Solutions Group CIS

2012-2014: RHCHP Wireless Laptop Testing Task Force

2010-2013: University Wide Academic Technology Committee

2010-2013: RHCHP Worldclass Task Force (D2L)

2010-2012: RHCHP Clicker Task Force: Piloted new clickers Fall 2012.

2010-2011: Technology Research Team

2008-2009: Technology Research Team

2008-2012: Resource Faculty for Clickers: Resource faculty for the CPS ('Clickers') for RHCHP  
and LHSON

2007-2008: PT/Nursing Collaboration: PT/Nursing Collaboration with Simulated ICU Experience  
in the Clinical Learning Skills Lab (Spring 2007)

## **Service to LHSON**

### ***LHSON Positions***

2021-2023: Coordinator Faculty Development and Scholarship for LHSON

2021-Current: Master's Comps Evaluator

2021: Faculty Preceptor/Mentor for one faculty

2019-Current: Resource Faculty for NR647 Nursing Curriculum

2018-2019: Interim Accelerated Nursing Program Coordinator

2014-Current: DNP Capstone Project Advisor/Evaluator

2014-2019: Resource Faculty for NR603 Informatics

2012-2015: CRF for NR464 Adult and Older Adult II

2011-2014: CHOICE Program Coordinator  
2010-2014: Resource Faculty for ATI  
2014: LHSON Faculty Development Resource in D2L Developer  
2009-2012: E\*Value Developer for LHSON and Resource  
2010-Current: Resource Faculty for NR703 DNP Informatics  
2006-2007: Resource Faculty for NR438

***Student Academic Advisor:***

2024-: Master's Faculty Advisor for Students  
2007-2017: Student Academic Advisor for CHOICE students

***Committee/Task Force Membership:***

2023-Current: DNP to PHD Task Force  
2020-2021: LHSON Faculty Governance Committee  
2020-Current: BSN-DNP Workgroup  
2019-2023: Faculty Development Committee  
2018-2020: Committee on Rank  
2018-Current: DNP Program Workgroup  
2018-Current: Master's Task Force  
2015-2019: Quality Evaluation Committee  
2014-2015: Dean Search Committee  
2012-2015: Pre-licensure Curriculum  
2010-2012: Faculty Development Committee  
2010-2011: Faculty Search Committee  
2008-2009: Affiliate Clinical Faculty Orientation Task Force  
2008-2009: CCNE Work Group 2 Task Force: Spring/Summer 2008  
2008-2009: Blended Course Task Force  
2008-2009: Medical-Surgical Nursing Content Team Task Force (For Essentials)  
2008-2009: Faculty Development Committee: Rotating secretary  
2008-2009: Faculty Development Committee  
2007-2008: Curriculum Innovations Task Force  
2007-2008: GENEC Task Force  
2006-2007: Curriculum Transitions Task Force  
2005-2006: Affiliate Clinical Faculty Task Force  
2005-2008: Curriculum Committee  
2002-Current: Med-Surg II Teaching Team Task Force  
2002-Current: Nursing Faculty Organization

***Chair Positions***

2020-2021: Faculty Development Committee  
2014-Current: DNP Capstone Chair

2013-2015: Co-Chair Pre-LCC

2010-2012: LHSO Faculty Development Committee: Developed an online resource site for LHSO faculty, oriented new faculty, planned and organized Affiliate Faculty annual dinners, planned and organized Director Briefing sessions and Brown bags for new and current faculty, and served as administrator for E\*Value program.

2008-2009: Laptop Task Force: Task Force Chair. Submitted laptop proposal to Digital Plant, Spring 2009.

2003: UAPR Committee: Interim Chair for Spring/Summer

### **Service to the Community**

2022: Volunteer in Bethlehem Lutheran School kitchen

2017: 9Health Fair; Faculty oversight for blood pressure station

2002-2013: 9News Health Fair, Faculty oversight for blood draw station & blood pressure checks and served as Ask a Professional

2010-2011: Project Homeless Connect, oversight for blood pressure station

2007: Faculty Assistant in Simulation Experience for Skinner Middle School, Faculty participant in Simulation Experience for the Skinner Middle School Pre-Collegiate Program

2007: Project Homeless Connect, Volunteer--worked at triage desk

2002: Bethlehem Lutheran Church, Video Team volunteer at Bethlehem Lutheran Church, Denver, CO (2002-2003)

### **DNP Capstone Chair for DNP Projects**

1. 2023: Implementation of a Revised Intubation Checklist for a Critical Care Transport Team, Teresa Zuber
2. 2023: The Impact of Self-Care on Nursing Faculty Burnout and Worklife, Jennifer Harrington
3. 2023: Improving Knowledge and Awareness for Providers and Staff on Intimate Partner Violence, Blessie Clontz
4. 2022: Impact of Evidence Based Practice Resource Guide on Nursing Faculty's Report of Self Efficacy, Susan Meskis
5. 2022: Implementation of an Electronic Scheduling Platform, Rachel Miles
6. 2022: Implementation of an ICU Surge Capacity Response Protocol, Patrick Simon Soria
7. 2021: Oncology Discharge Phone Calls for Active Treatment Patients, Whitney Archer
8. 2021: Improving Self-Efficacy and Nursing Knowledge in Cardiac Step-Down Unit Nurses, Gail Markowski
9. 2021: Pediatric Nurses' Perception of Workload in a Large System Infusion Center, Karen Walton
10. 2020: Considerations of Antibiotic Treatment for Genital Ureaplasma, Shelbie Paul



11. 2019: Enhancing Environmental Staff Cleaning Process and Adenosine Triphosphate (ATP), Rochelle D. Bello
12. 2019: The Impact of an Online Educational Course on Vascular Nurses' Knowledge, Self-Confidence and Competence, Julio Santiago
13. 2016: Improving Communication and Collaboration Between Disciplines: Utilization of a Daily Goals Sheet During Daily Multidisciplinary Rounds in the Critical Care Setting, Kelly E. Diehl
14. 2016: The Impact of Diabetes Education on Nurses' Knowledge of In-patient Diabetes Management, Arletha Coffey

### **Teaching Responsibilities 2024-2025**

1. NR600 Leadership and Theoretical Frameworks
2. NR602 Advanced Application of Research for EBP
3. NR646 Teaching Learning Strategies in Healthcare
4. NR647 Curriculum Development
5. NR703 Informatics
6. NR706A DNP Capstone Project A
7. NR706B DNP Capstone Project B
8. NR706C DNP Capstone Project C