

**Courtney Duggan, DNP, RN, FNP-C**  
**Assistant Professor**  
**Loretto Heights School of Nursing**  
**Rueckert-Hartman College for Health Professions**  
**Regis University**  
**3333 Regis Blvd. G-8**  
**Denver, Colorado 80221**

**Contact Information**

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**Education**

- 01/2023-05/2023     **Duquesne University**  
*600 Forbes Ave, Pittsburgh, PA 15282*
- Genetics for nurses coursework
- 01/2013-05/2017     **University of Colorado, Anschutz Medical Campus**  
*13001 E 17th Pl, Aurora, CO 80045*
- Doctor of Nursing Practice Degree Awarded 2017
  - Project- Reducing BMI in Obese Adults; Dr. Kathy Shaw, Advisor
- 05/2008-05/2010     **Regis University**  
*3333 Regis Blvd, Denver, CO 80221*
- Master of Science in Nursing- Family Nurse Practitioner Emphasis
  - Degree Awarded 2010
  - Graduate honors received
- 8/2006-5/2008     **Metropolitan State University of Denver**  
*890 Auraria Pkwy, Denver, CO 80204*
- Bachelor of Science in Nursing
  - Degree Awarded 2008
- 01/2004-12/2005     **Front Range Community College**  
*3645 W 112th Ave, Westminster, CO 80031*
- Associate of Applied Science in Nursing
  - Degree Awarded 2005
- 01/2003-04/2003     **Front Range Community College**  
*3645 12th Ave, Westminster, CO 80031*
- EMT-Basic certificate awarded 2003
  - IV and EKG certificate courses
- 08/1999-05/2002     **University of Colorado**  
*40 UCB, Boulder, CO 80309*
- Bachelor of Arts- English Literature
  - Degree Awarded May 2002

**Licensure and Certifications**

12/2023	Nexplanon certification
08/2022	CIPER Associate Scholar Program Certificate
08/2018	Primary Care Obesity Certificate
10/2017	Certified Lactation Counselor
06/2010-present	AANP Certified Family Nurse Practitioner Colorado License number #10324 Prescriber RXN provider # 100122-NP
03/2015-03/2020	Board Certified Integrative Nurse Coach (inactive)
06/2010-present	DEA prescriber #MD 222 1923
08/2006-present	Registered Nurse Colorado RN license# 177655
01/2003-present	BLS for HealthCare Providers American Heart Association

### **Employment History**

#### **Doctors Care**

Nurse Practitioner

*08/2018-present*

Nurse Practitioner providing care to adults and children in an underserved clinic. Responsible for primary care of pediatric and adult patients. Collaborate with behavioral health, dental, specialists and volunteer providers. Precept Family Nurse Practitioner students and oversee their learning experience in the clinical setting. Focus on wellness, disease prevention, behavioral health, lifestyle medicine and obesity management.

#### **Regis University**

Family Nurse Practitioner Coordinator

*08/2018-present*

Responsible for admissions, retention, curriculum management and new faculty training and mentorship. Oversight of all aspects of Regis FNP program including clinical placements, student governance, didactic courses and faculty meetings. Work with students on progression, advising and schedules. Coordinate calendars, coursework and curriculum changes and updates in collaboration with graduate curriculum committee and FNP faculty.

#### **Regis Neighborhood Health**

Nurse Practitioner

*05/2015-08/2018*

Primary care provider in an interdisciplinary clinic housed at Regis University. Responsibilities included performing all aspects of primary care patient visits including examination, assessment, diagnosis, prescribing, procedures and blood draws. Performed care in direct collaboration with other disciplines. Served as Athena electronic health record superuser support for all providers in clinic. As a founder of the clinic, attended meetings and worked with other providers to design care and promote the practice. Assisted with setup of clinic, reception and administrative duties.

#### **Boys and Girls Club of America**

### Camp Nurse

2013-2016

Sports physicals for 70 children each week ages 7-13 years old. Trained staff on medication, first aid and CPR. Assisted with organization of medications for the camp and provided consultation on staff and camper medical issues while at camp.

### Regis University

Ranked Nursing Faculty

2012-present

Responsible for teaching graduate NP students, grading papers, online and on campus course delivery as well as clinical site supervision and membership on committees to enhance the learning experiences of students. Scholarship and curriculum activities. Promoted from Instructor to rank of Assistant Professor in 2018. Served as course resource faculty for multiple courses including health assessment, nutrition, pathophysiology, professional integration, procedures, primary care across the lifespan, clinical integration.

### Regis University

Affiliate Faculty

2010-2012

Assisted with nurse practitioner education by working in simulation, skills and procedures labs and providing clinical oversight for FNP students in the clinical setting.

### Cherry Creek Schools

Registered Nurse

2007-2010

Provided care to 600-900 elementary students in a year-round school setting. Responsible for staff training of first aid, CPR and medication delegation. Provided care to children on a daily basis in the school setting with management of chronic health conditions and medications, provided first aid care.

### Swedish Medical Center

Registered Nurse

2006-2008

Provided care to patients in a progressive care/cardiac/telemetry unit in an acute care setting. Responsible for phlebotomy, EKG interpretation and full care of hospitalized patients. Discharge teaching for cardiac patients after procedures and post hospital follow-up calls.

### University of Alabama at Birmingham Medical Center

MICU Registered Nurse

2006

Provided care of patients in a medical intensive care unit. Responsible for management of ventilators, CRRT (dialysis), medications, feeding tubes and providing infection control. Worked with a care team to provide rapid response to the hospital for codes. Educated families about intensive care. Worked with residents and fellows in daily rounds.

### Greenvale Pediatrics

Pediatric Nurse  
2006

Phone triage, follow up management of chronic medical conditions, care of pediatric patients in a 6-provider pediatric practice. Trained medical assistants, administered vaccines and medications and assisted with in-office procedures.

### Honors and Awards

- Member of Sigma Theta Tau International Honor Society of Nursing, inducted December 2009
- Recipient of American Nurses Association award in 2015
- RHCHP Faculty Collaborative Practice Award 2021
- RHCHP faculty teaching award nominee 2017 and 2018
- DAISY award nominee 2021, 2022

### Scholarly Activities: Publications

#### Publications in a Referred Journal

- Shea LA, Calderon B, Stratton J, **Duggan C**, et al. Interprofessional osteoarthritis care: a pilot for interprofessional care and education. *Medical Research Archives* [online] 10(9). <https://esmed.org/MRA/mra/article/view/2894>

#### Refereed Podium Presentations

- Osterlund, L., Davis, A., **Duggan, C.**, Huntington, J and Nash, J. (April, 2016) Core competencies for behavioral health providers working in primary care. [Podium presentation]. CCA, Denver, CO.

#### Refereed Poster Presentations

- Vali, H., Hicks L, Saiki, R., Bennis, C., & **Duggan. C.** (2023, July 20-24). **Leveraging professionalism in nurse practitioner students: A performance assessment tool** [Poster presentation]. *National Nurse Practitioner Symposium*. Keystone, CO.
- **Duggan, C.** and Stratton, J. (2023, June 23). **Creating an interprofessional course in health and nutrition** [Poster presentation]. *Innovation Summit for Health Professions*. Virtual conference.
- **Duggan, C.** and DesMarteau, J. (2023, June 22). **Best practices in OSCEs in competency-based education** [Poster presentation]. *Innovation Summit for Health Professions Education*. Virtual conference.
- Vali H, Bennis C, Saiki R, **Duggan C**, Hicks L. (2023, March 17) **Leveraging professionalism in nurse practitioner students: A performance assessment tool**. [Poster presentation]. *RHCHP Research and Scholarship Symposium* (3/17/23)
- **Duggan C.** and Stratton, J. (2022, August). **Interprofessional integrative health and nutrition** [Poster presentation]. *CIPER Associates and Scholars Project Dissemination*. Omaha, NE and virtual conference.

#### Non-Refereed Presentations

- **Duggan, C.** (October, 2015). Opportunities for Expanding Nursing Practice in the Changing Healthcare Environment: Collaborative Faculty Practice. [Podium presentation]. Regis University, Denver, CO.
- **Duggan, C.** (February, 2010). Assessment of HEENT: What School Nurses need to know. [Podium Presentation]. *Cherry Creek School Nurses training*. Aurora, CO.

## **Grant Activity**

### **Pending Grants**

**Title:** Building a Pipeline of Primary Care Providers to Serve Diverse Communities

**Funding Agency:** Colorado Health Foundation

**Investigators:** Murphy, H.(PI), Moravec, K.; Vera, S., Cullen, P. & **Duggan, C.**

**Amount:** \$600,000 total/ \$30,000 to fund Regis positions

### **Completed Grants**

#### **2016-2017**

**Title:** iPads for Clinical Information Gathering

**Funding Agency:** Teaching and Learning with Technology Micro-grant (TLTM). Regis University

**Investigators:** **Duggan, C** (PI), Shea L, Davis A, Stratton J.

**Amount:** \$1500

## **Current Research Activities**

### **Scholarly Professional Activities**

#### **Editorial/ Referee Positions**

2023: Nursing Theorists and their Work, 5<sup>th</sup> edition text, chapter 29 (Native Reliance)

2023: Advanced Practice Education Associates: Family Practice Case Studies

2019: Peer reviewer McCance and Huether 7<sup>th</sup> edition text, chapters 6,7 (genetics/epigenetics)

## **Professional, Scientific, Honorary Associations or Societies**

### **Membership**

- Rocky Mountain Society of Adolescent Medicine
- Colorado Nurses Association/ American Nurses Association
- Colorado Society of Advanced Practice Nurses

- American Association of Nurse Practitioners
- American Holistic Nurses Association
- National Organization of Nurse Practitioner Faculties
- Obesity Medicine Association
- Institute of Functional Medicine

## Service

### Service to the College/University

- University
  - Laudato Si Member since 2022
- College
  - RHCHP AWARDS Committee Chair 2020-2021
  - RHCHP Awards Committee Member 2018-2021
  - IPE Committee Member 2023
  - IPE Service through Bias activity 2018-2023
- Department
  - Oral Comprehensive Evaluation panelist 2012-2023
  - SAC committee member 2012-2023
  - SAC committee chair 2020-2021
  - Deans, Directors and Coordinators 2018-2023
  - Self-Care Task Force 2023
  - Precepting FNP students 2012-present

### Service to the Community

#### Community

- Regis Neighborhood Health Community Events 2015-2018
- 365 Health Fair Medical Coordinator 2023
- 9 Health Fair Medical Coordinator 2016, 2018-2019
- 9 Health Fair Faculty Preceptor 2012-2015
- Project Homeless Connect Medical Coordinator 2019
- Project Homeless Connect Co- Chair 2015-2018
- Doctors Care Volunteer Nurse Practitioner 2018-present
- APEA Certification Exam Question writer 2022-present
- STRIDE Community Health Center Advanced Practice Fellowship Collaboration 2022-2023

## Teaching Responsibilities

**Fall 2023**

IPE 601 Integrative Approaches to health and nutrition

- Instructor

NR 630 Advanced Health Assessment

- Instructor
- Course Resource Faculty
- Lab coordinator for PMHNP students

**Summer 2023**

NR 605 Advanced Pathophysiology

- Instructor

**Spring 2023**

NR 651 Professional Integration

- Instructor
- Course Resource Faculty
- Coordination of Oral Comprehensive Evaluation Presentations

NR 630 Advanced Health Assessment

- Instructor
- Course Resource Faculty

**Fall 2022**

IPE 601 Integrative Approaches to Health and Nutrition

- Instructor

NR 630 Advanced Health Assessment

- Instructor
- Course Resource Faculty

**Summer 2022**

NR 667 Advanced Practice Procedures

- Lab assistant faculty

NR 605 Advanced Pathophysiology

- Instructor

**Spring 2022**

NR 651 Professional Integration

- Instructor
- Course Resource Faculty
- Coordination of Oral Comprehensive Evaluation Presentations

NR 630 Advanced Health Assessment of Patient and Family

- Instructor
- Course Resource Faculty

**Fall 2021**

Sabbatical Leave

CIPER project

IPE 601 Course Creation

**Summer 2021**

NR 605 Advanced Pathophysiology

- Instructor
- Course Resource Faculty

**Spring 2021**

NR 651 Professional Integration

- Instructor
- Course Resource Faculty
- Coordination of Oral Comprehensive Evaluation Presentations

NR 662 Primary Health Care Across the Lifespan III

- Instructor
- Course Resource Faculty

NR 630 Advanced Health Assessment of Patient and Family

- Lab Coordination and lab faculty
- Course Resource Faculty

**Fall 2020**

NR 630 F Advanced Health Assessment of Patient and Family

- Instructor
- Course Resource Faculty

**Summer 2020**

NR 605 Advanced Physiology and Pathophysiology Across the Lifespan

- Instructor

**Spring 2020**

NR 651 Professional Integration

- Instructor
- Course Resource Faculty
- Coordination of Oral Comprehensive Evaluation Presentations

NR 630 Advanced Health Assessment of Patient and Family

- Instructor
- Course Resource Faculty

**Fall 2019**

NR 630 Advanced Health Assessment of Patient and Family

- Instructor
- Course Resource Faculty

**Summer 2019**

NR 651 Professional Integration

- Instructor
- Course Resource Faculty
- Coordination of Oral Comprehensive Evaluation Presentations

NR 630 Advanced Health Assessment of Patient and Family (online)

- Instructor
- Course Resource faculty

**Spring 2019**

NR 661 Primary Care Across the Lifespan II

- Instructor

NR 651 Professional Integration

- Instructor
- Course Resource Faculty
- Coordination of Oral Comprehensive Evaluation Presentations



NR 630 Advanced Health Assessment of Patient and Family

- Instructor
- Course Resource Faculty

**Fall 2018**

NR 630 Advanced Health Assessment of Patient and Family

- Instructor
- Course Resource Faculty

NR 605 Advanced Physiology and Pathophysiology Across the Lifespan

- Instructor
- Course Resource Faculty

**Summer 2018**

NR 605 Advanced Physiology and Pathophysiology Across the Lifespan

- Instructor
- Course Resource Faculty

NR 651 Professional Integration

- Instructor
- Course Resource Faculty
- Coordination of Oral Comprehensive Evaluation Presentations

NR 600 Theoretical Frameworks and Leadership for the Advanced Practice Nurse

- Instructor

**Spring 2018**

NR 661 Primary Health Care Across the Lifespan II

- Instructor

NR 651 Professional Integration

- Instructor
- Course Resource Faculty
- Coordination of Oral Comprehensive Evaluation Presentations

NR 630 Advanced Health Assessment of the Patient and Family

- Instructor
- Course Resource Faculty

**Fall 2017**

NR 630 Advanced Health Assessment of the Patient and Family

- Instructor
- Course Resource Faculty

NR 605 Advanced Physiology and Pathophysiology Across the Lifespan

- Instructor
- Course Resource Faculty

NR 350 Normal and Therapeutic Nutrition

- Instructor
- Course Resource Faculty

**Summer 2017**

NR 630 Advanced Health Assessment of the Patient and Family (online)

- Instructor
- Course Resource Faculty

NR 605 Advanced Physiology and Pathophysiology Across the Lifespan

- Instructor
- Course Resource Faculty

**Spring 2017**

NR 651 Professional Integration  
- Instructor