

MaryJo Coast, RN, PhD
Curriculum Vitae

EDUCATION

- 2008, May: PhD, Dissertation Title: *Understanding Respect Through the Lived Experience of Post Partum Women*; University of Colorado Health Sciences College of Nursing
- 2000, May: Master of Science, Public Health Nursing, Capstone project: *Refugee Population Tuberculosis*, University of Colorado Health Sciences School of Nursing, Denver, Colorado
- 1997, Dec: Bachelor of Science, Major: nursing, Metropolitan State College of Denver, Denver, Colorado
- 1973 Sept: Diploma/RN, Deaconess Hospital School of Nursing, affiliated with State University of New York at Buffalo, Buffalo, NY

EMPLOYMENT

- 1973-1976: RN, Obstetrics, Olean General Hospital, Olean, NY. Position included labor/delivery, post partum, wellborn nursery. Pt. Education Coordinator, pt educator for post partum, infant care and breast-feeding
- 1977: RN, medical-surgical unit, Olean General Hospital, Olean, NY.
- 1977-1980: RN, Obstetrics, St. Anthony North Hospital, Denver, Colorado. Position included labor/delivery, post partum, well-born nursery. Childbirth educator including childbirth preparation, post partum and newborn care classes
- 1980-2000: RN, high risk and well-labor/delivery, high-risk antepartum, charge nurse, Rose Medical Center, Denver, Colorado.
- 1998-1999: Clinical Nurse Coordinator, Labor/Delivery and High Risk antepartum. Performed staff development and recruitment, quality improvement and unit project coordination, professional liaison and relationship development.
- 2000-2001: Evidence Based Practice/Research Coordinator, Rose Medical Center.
- 2001: Clinical Scholar, Adjunct faculty, BSN Obstetrics Clinical Rotation, University of Colorado Health Sciences School of Nursing
- 2001: Adjunct Faculty, Obstetrical and Family Nursing I, High Risk Obstetrical and Family Nursing II, Community College of Denver
- 2001-2004: Research Director, Rose Medical Center.
- 2001-2004: Magnet Project Director, Rose Medical Center
- 2002-2005: Affiliate Faculty, Online RN-BSN and Online Masters programs: Health Promotion, Physical Assessment Nursing, Nursing Research, Leadership; Regis University.
- 2002-2005: Online Nursing Masters Program Advisor; Regis University

- 2005-2006: Staff Development Coordinator, Littleton Adventist Hospital.
 2006-2008: Assistant Professor, Regis University Loretto Heights School of Nursing, teaching post-licensure and pre-licensure programs
 2008-present; Associate Professor: Course Resource Coordinator of BSN-Community and Population Care Course, BSN Community Health practicum BSN Health Promotion course, MSN Population health and interprofessional collaboration and DNP- Epidemiology Course.

PROFESSIONAL COMMITTEES/LEADERSHIP

LHSON

- 2019-2021 Regis University, LHSON Undergraduate Curriculum Committee
 2019-2021 RHCHP Committee on Rank
 2018-2020 LHSON Chair, Nursing Faculty Organization
 2017-2018 LHSON Chair-elect, Nursing Faculty Organization
 2014- 2018 LHSON Chair Faculty Development Committee
 2008-2014 LHSON Faculty Development Committee
 2006 -2008 LHSON Quality and Evaluation Committee.
 2007-2009 Regis University LHSON: Professional Progression Taskforce, Chair
 2009-2011 Regis University, RHCHP Interprofessional Taskforce
 2007-2010 LHSON Doctor of Nursing Practice Taskforce
 2010-2013 RHCHP Academic Council
 2002-2021 Regis University Project Homeless Connect collaboration, Chair

2005-2006: Littleton Hospital

Pain Committee, Nursing Council, Nursing Leadership Council, Journal Clubs, Nurses' Week Committee (Chair)

1984-2003: Rose Medical Center

Labor/Delivery Task Force Committee: Member, 1984-1986, 1993-1995.
 Evidence Based Practice Committee: Coordinator/Chair, 1998- 2001
 Rose Partnership Committee: Labor/Delivery Unit Leader, 1997-2001
 OBGYN Quality Improvement Committee: 1998-2000.
 OBGYN Committee: 1998-2000.
 Pain Committee: 2000-2003.
 Magnet Team, chair: 2000-2002
 Institutional Research Review Board, 2001-2003.

PROFESSIONAL SOCIETIES/ORGANIZATIONS

2019 Current
Memberships: American Nurses' Association/Colorado Nurses' Association
Sigma Theta Tau International Honor Society of Nursing.
Friends of Nursing

2009 -2011: Friends of Nursing, President

2007-2009: Friends of Nursing, President-elect

2000 -2009: Sigma Theta Tau International Honor Society of Nursing,
Alpha Kappa Chapter At Large, Corresponding Secretary
(2001)

2009 – 2012: Sigma Theta Tau International Honor Society of Nursing, Alpha
Kappa Chapter At Large, Membership Chair

CERTIFICATIONS:

Current: BLS

1996-2001: ACLS

1995- 2003: Inpatient Obstetric Nursing Certification, National Certification
Corp. [ANCC].

PROFESSIONAL HONORS/AWARDS

2017 Colorado Nurses Foundation Nightingale Award
(Advocacy Category)

2013 St. John Francis Regis Award

1998, 1999, 2000: Clinical Nurse of the Day Nominee, Rose Medical Center

1990, 1993, 1995, 1998: Team Award, Rose Medical Center,
Nightingale Award Nominee

1991, 2000, 2001 Nightingale Luminary Award Recipient

2017 Nightingale Luminary Award Recipient

2020 Regis University Service Award

COMMUNITY SERVICE

2015-2021 9Health Fair Medical Advisory Committee Member

2006–2017 9 Health-Fair Student Oversight (annual event)

2002-2021 Denver's Road Home Project Homeless Connect Board
Member and Health Advisor

2002-2021 LHSON/Regis University Project Homeless Connect Steering
Committee Chair

2018 Friendship Bridge, Visiting faculty in Nursing Master's Program
in Ho Chi Min City, Vietnam: Nursing I Advanced Adult Nursing
in Health; Master Nursing Community Health Course

2013-2015 Friendship Bridge, Visiting faculty: Nursing Master's Program
in Ho Chi Min City, Vietnam: Senior Practicum.

2009-2012 Developed and provided oversight for The Gathering Place
Health Fairs

2008-2013 The Gathering Place, Volunteer, nursing wellness and health

2008-2012	Counseling
2007	The Gathering Place Grant Board Community Member Project HOPE student supervision and site development assistance
2006	Catholic Charities Health Fair development and student supervision
2010	Supervision of students for vaccine clinics for Tri- County Health Dept.

University Service:

Mentor for University Mentorship program
Masters Capstone Comprehensive Exams
DNP Capstone Comprehensive Exams
RHCHP: Opioid Crisis interprofessional Dialogues
Lecture/teaching:
School of Physical Therapy: Community Health and interprofessional collaboration with Nursing
School of Pharmacy: Community Health Immunizations and Prevention – interprofessional Panel Discussion
RHCHP Interprofessional Opioid panel discussions

Juried/Peer Reviewed Publications

Coast, M (2010). *Making Connections*, Regis magazine 19(1), pg 17.
Pennington, K, Coast, M, & Kroh, M. (2010). *Health Care for the Homeless: A Partnership Between a City and a School of Nursing*, Journal of Nursing Education, 49 (12).
Finn, C. and Coast, M. (2017). *Global voyeurism or sustainable ethical practice?* International Association of Forensic Nurses. 13(4); pgs196-202. (Received excellence award, IAFN)

Research and Scholarship

2013	Advisor and PI, Student Study <i>Health, Perceived Barriers to Health Care, and Demographic Characteristics of Homeless</i>
2010-2014	Advisor, Student Capstone Projects Doctoral of Nursing Practice
2008	<i>Understanding Respect Through the Lived Experience of Post-Partum Women</i> , published dissertation, University of Colorado College of Nursing, Dennison Library
2001-2005	<i>Nurses Attitudes Toward Research Utilization</i> , Site coordinator. PI: Cathy Thompson, RN, PhD, University of Colorado Health Sciences School of Nursing.
2001-2002	<i>A Multi-Center Study to Evaluate Fetal Fibronectin as an Aid in the Prediction of Successful Labor Induction</i> , site coordinator. Adeza Biomedical Corporation, Rose Medical Center, site principle

- investigator: G. Lindsay, MD.
- 2001: *The Meaning of Respect during Caring Encounters*, Principle Investigator: M. Coast, RN, MS; Faculty Principle Investigator: K. Magilvy, RN, PhD. 2001.
- 2001 *Pain Study of Nurses' Attitudes, Patient Satisfaction, and Documentation*, Quality Improvement project, principle investigator, MaryJo Coast, Rose Medical Center. Presented Medical Grand Rounds Rose Medical Center
- 2000: *The Effects and Correlation of Blood Pressure and Fetal Heart Rate Changes Post Epidural Anesthesia During Labor*, Quality Improvement Project, pilot quality improvement study, Rose Medical Center, principle investigators: M. Coast, RN,BS, D Theil, MD. Medical Grand Rounds
- 2000 Graduate Capstone, (2000): *Tuberculosis Preventive Therapy for a Refugee Population*, conducted at the Refugee Health Center, Denver, Colorado.
- 1998: *Nurses' Attitudes toward Advance Directives*, Quality Improvement Project and Inservices, Rose Medical Center, Master's Thesis Advisor; University of Northern Colorado
- 1997: *Research Study of Nurses' Attitudes toward Research Utilization*, (principle investigator: D. Epstein, PhD, Veteran's Administration Medical Center). Research Assistant, site coordinator, data entry, data collection
- 1997 *An Investigation of the Utilization and Value of Research by Nurses*, Undergraduate Thesis
- 1997-2000: *Decision Support System to Identify the At-Risk Fetus*, Rose Biomedical Development Corporation, with the National Institute for Child Health and Human Development, National Institute of Health; principle investigators: D. Eicher, MD, M. Heppard, MD, J. Hobbins, MD. Data collection and entry

PUBLIC HEALTH and EDUCATION PRACTICE EXPERIENCE

- 2020-present: Created, established, and implemented Four virtual experiential modules for BSN, Masters program clinical practicum hours, meeting standards for clinical experiences per American Association of Colleges of Nursing (AACN) and Colorado State Board of Nursing (SBON). Modules are leveled to meet standards of degree.
- 2018-present: Created, established, and Implemented Three Simulation modules meeting The International Nursing Association for Clinical Simulation and Learning (INACSL) Standards, and AACN/SBON descriptions for clinical learning.
- 2018-present: Ongoing evaluation of Simulations and clinical/practicum modules; created tools for evaluation.
- 2000-present: Collaboration with multiple public health agencies in Colorado and Denver – creating and maintaining BSN, RN-BSN, Masters student clinical rotation sites and student activities in Denver Metro and

- rural Colorado areas for nursing student community health mentorship and clinical experiences/rotations; providing preceptor and clinical faculty mentorship and education.
- 2009-2013 Provided population health assessments and health education at The Gathering Place
- 2000: Tuberculosis Patient Follow-up Evaluation, providing client reviews and client education, Denver Refugee Clinic, Denver, CO.
- 1999: Community Health Needs Assessment for Prowers County, Colorado, in collaboration with N. Saddler, RN, D. Scherger, RN, A. Beachy, RN.
Project Advisor: J. Barton, RN, PhD.

LECTURESHIP/PUBLIC SPEAKING

- 2018 *Opioid Crises Panel Discussion: Nursing Perspectives*. Collaboration with School of Pharmacy, presentation/panel discussion
- 2015 *“Preparing the Future Graduate Public Health Nurse for Excellence in Population Care and Advocacy in the Context of Health Care Reform.”* Public Health Nurses Association of Colorado, Poster Presentation
- 2010 *Creating a culture of public health competence: Quad Council Competencies for public health nurses*, presented by invitation to Tri-County Health Department Nursing
- 2005-2006 *Professional Nursing Development Series, “Professional Issues”; “Using lab values in critical thinking/clinical assessments”; “Critical Thinking: A process of clinical judgment”; Evidence Based Practice and Research: how to use and read a research report”; “Precepting, Coaching, and Mentoring Workshop”*
- 2005: *Graduate Nurses’ Mentorship Program Using Benner’s Novice to Expert Model*, Poster Presentation: International Nurse Educators Conference, (peer reviewed) Breckenridge, Colorado
- 2005 *Pain Management for Nurses*, Littleton Hospital Grand Rounds
- 2004 *Pain Management in clinical situations*, Skyridge Medical Center
- 2004 *Evidence Based Practice Workshop*: Medical Center of Aurora
- 2003-2004: *Professional Nursing Updates: State of the Profession*. Rose Medical Center Grand Rounds, Skyridge Medical Center Nursing Orientations
- 2003-2004 *Advocacy and Cultural Competence, Domestic Violence: Remember My Name*, Rose Medical Center; Skyridge Medical Center Nursing Orientations
- 2001; 2002 *Magnet Designation* Rose Medical Center
- 2001 *Creation of a nursing philosophy* Rose Medical Center, Jan-May:
- 2000 *Defining the Practice in Evidence Based Practice*, workshop coordinator, facilitator, presenter
- 2000 The Caring Hands Service Learning Workshop, and to the University of Colorado Foundation.
- 1999 *Student Experiences with Service Learning*, addressed to University of Colorado Board of Regents

1999 "Community Health Assessment for Prowers County" presented to the community of Prowers County

1997 "RN Recruitment and Retention Efforts", to the OBGYN Committee, Rose Medical Center

Teaching Employment

2008-2020 LHSO Associate Professor: taught in all programs, population health, epidemiology, leadership, evidence based practice, nursing roles, nursing theory. Course resource and course development for population health courses, leadership, evidence based practice.

2020-present: Affiliate Faculty; specializing in population health; serving as course resource for 4 courses in population health/epidemiology at pre-licensened RN-BSN, Masters, and Dr of Nursing Practice levels.

2018 Friendship Bridge Guest Faculty: Master of Science University of Medicine and Pharmacy; Special Nursing Practice: Medical Nursing or Surgical Nursing

2001: Community College of Denver, Affiliate Faculty, Obstetrical and Family Nursing I, High Risk Obstetrical and Family Nursing II.

2006-2008 LHSO Assistant Professor

2003-2006: MedEd Consulting Services. Faculty: Nurse Residency courses for new nurses. Developed course syllabus and curriculum; classroom nursing education and nursing orientation programs

2003-2005: Regis University School for Health Care Professions. Affiliate Faculty: Online RN-BSN and Masters' programs: Role Development, Health Promotion, Physical Assessment, Clinical Updates, Evidence Based Practice, and Leadership. Student Advising for RN- BSN and

Master's Programs

2005-2006: RN staff educator, Orientation education, RN new graduate nurse internship program development, and clinical coach course development; Littleton Adventist Hospital

Educational Program Development

LHSO

2008-2019 Immersion Clinical Experience Program development for Community Health Nursing:

- i. Alamosa County in collaboration with San Luis Valley Area Health Education Centers, includes San Luis Valley County Health Departments: Alamosa, Rio Grande, Saguache, Costilla, Conejos
- ii. Schools in Urban Neighborhoods and Catholic Charities
- iii. Tri-county collaboration

2019 Ongoing new clinical site development for community health student clinical experiences.

- 2019 In development: Collaboration with School of Pharmacy for Interprofessional Immunization/Immunology course.
- 2018 Collaborated with Sisters of Charity (SCL) Health Systems/St Joseph's Hospital in Denver, Colorado and Dominican Home Health Agency, wrote application/proposal for NIH Innovative Care Provision Grant.
- 2010 Curriculum development for interprofessional Simulation: End of Life.
- 2010 Nursing Honors Program, student advisor, course resource, development of student-student and student-faculty mentorship and agency/new site development.
- 2012 Developed Intercultural Immersion Community health clinical experience program in collaboration with Dr Rita Axford and nurses in the Republic of the Philippines
- 2013 Simulations developed for Community Health meeting International Nursing Association for Clinical Simulation and Learning (INACSL) Standards, qualifying for clinical hours per State Board of Nursing. Three simulations developed: Disaster management, home health, end of life
- 2013 Developed Interprofessional Disaster Preparedness Course in Collaboration with Bryce Anderson, RN, MSN, Tricounty Health Department.
- 2008-2019 Developed and maintained New Faculty Orientation program
- 2008 - 2018 Developed faculty Mentorship Program Loretto Heights School of Nursing.