

# The Numbers:

FROM A TOTAL OF 86,000 TO A SURVEY FROM  
THE HOPE CENTER

45%

of respondents were  
food insecure in the last  
30 days

48%

couldn't afford to eat  
balanced meals

56%

were housing insecure in  
the last year



## For more information contact

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# SNAP

as a

## College Student

WHAT YOU SHOULD KNOW ABOUT  
THE SUPPLEMENTAL NUTRITION  
ASSISTANCE PROGRAM



**Qualified low- or no-income students fall under one or more of the following:**

- Receiving public benefits such as TANF
- Take part in a state or federally financed work study program
- Work at least 20 hours a week;
- Are taking care of a child under 6
- Do not have access access to adequate child care



# Why SNAP?

If you're dealing with food insecurity, SNAP is a government aid program that provides money for purchasing groceries.



## SNAP HELPS WITH MORE THAN JUST FOOD.

Those on SNAP have more resources to spend on other important things, like housing.



And, it's good for the economy. Feeding America estimates that every \$1 of SNAP assistance leads to \$1.79 of activity for a local economy.

# FAQs

## Are Students Eligible?

- YES! Many students are eligible. The Government Accountability Office estimates that 57% of students at risk of food insecurity and eligible for SNAP did not collect those benefits.

## If I get SNAP, does that mean someone else won't be able to?

- There are benefits available for all who qualify. Your use of them does not leave less for anyone else.

## Where can I use SNAP?

- Grocery stores, large retailers such as Target and Walmart, farmers markets, and corner stores.
- SNAP generally cannot be used to buy prepared foods.
- SNAP cannot be use to pay for college cafeteria meals.